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biotène[®] your solution to dry mouth[®]

A global brand in GlaxoSmithKline's Oral healthcare portfolio. Indicated for the relief of Dry Mouth.



"We have a challenging and inspiring mission to improve the quality of human life by enabling people to do more, feel better and live longer."

The BIOTÈNE-FILES.

Issue No. 3

of the Xerostomia files.

The BIOTÈNE-FILES are monthly updates that aim to raise awareness and understanding about Xerostomia. Each issue of the BIOTÈNE-FILES will contain practical information on Xerostomia as well as research updates and clinical trial summaries.

Morning, noon or night, there's a Biotène[®] Product for your patient

What is dry mouth?¹

Dry mouth happens when there is a lack of saliva in the mouth, usually as a result of the salivary glands not working properly. Saliva has many important roles to play in keeping the mouth moist and healthy:

- moisten food to make it easy to chew and swallow
- help the digestive processes to start
- help protect teeth from decay
- soothes and protects oral tissues against minor irritations caused by dry mouth
- prevent infection

Dry mouth is a common side effect of cancer treatment which can have a significant effect on quality of life.

Available at Dischem and other pharmacies.

Reference: 1. Sreebny LM, Valdani A. Xerostomia. Part I: Relationship to other oral symptoms and salivary gland hypofunction. *Oral Surg Oral Med Oral Pathol* 1988;66:451-8.

Morning:	Brush with Biotène [®] Toothpaste after breakfast, and rinse with Biotène [®] Mouthwash instead of water	 Mouthwash	 Toothpaste
Lunchtime:	If having difficulty swallowing, use Biotène [®] Moisturising Gel before eating. After eating, use the Biotène [®] Mouthwash or Spray for oral comfort	 Moisturising Mouth Spray	 Mouthwash  Moisturising Gel
Bedtime:	Brush with Biotène [®] Toothpaste, rinse and gargle with Biotène [®] Mouthwash. Apply some Biotène [®] Moisturising Gel to help keep mouth moist until morning.	 Toothpaste	 Mouthwash  Moisturising Gel
On the Go:	For your convenience, there is also Biotène [®] Gum which you can chew during the course of the day. You may use Biotène [®] Spray and/or Biotène [®] Gel when necessary.	 Gum	 Moisturising Mouth Spray  Moisturising Gel

Issue no. 4 of the BIOTÈNE-FILES will be posted in October 2010.



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